

# ROCHELLE LEE MENZIES

TE AITANGA-A-MAHAKI ~ TE WHANAU-A-TAUPARA ~ NGĀI TAMATEA  
NGĀTI KAHUNGUNU ~ RONGOMAIWAHINE



Location: Auckland, New Zealand

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## Education & Qualifications

**Doctor of Philosophy in Health Sciences** June 2015 – submitted  
Faculty of Medical & Health Sciences, University of Auckland

- **Degree:** Submitted thesis on 15 July 2020 – currently in examination process
- **Thesis:** Kia Piki te Ora: Whānau Wellness
- **Principal Supervisor:** Professor Tracey McIntosh (Co-Head of Te Wānanga o Waipapa - School of Indigenous Studies; Head of Māori Studies)
- **Co Supervisor:** Professor Ngaire Kerse (Head of School of Population Health)
- **Methodology:** Kaupapa Māori methodology - qualitative
- **Funding:** Full 4 year University of Auckland doctoral scholarship

**Diploma in Te Ara Reo Māori** March 2015 - November 2017  
Te Wānanga o Aotearoa

- Diploma in Te Ara Reo Māori – Level 5 2017
- Certificate in Te Ara Reo Māori – Level 4 2016
- Certificate in Te Ara Reo Māori – Level 2 2015

**Master of Health Sciences** 2011  
University of Auckland

- **Award:** First Class Honours
- **Degree:** Completed by thesis only
- **Thesis:** Māori Solo Mothers' Healthcare Access: Experiences, Barriers & Complexities of Access
- **Supervisor:** Associate Professor Nicola
- **Methodology:** Kaupapa Māori - qualitative

**Post-graduate Diploma in Health Sciences** 2010  
School of Population Health, University of Auckland

- **Award:** Distinction
- **Specialisation:** Health Informatics
- **Courses:** Research Methods in Health, Undertaking Qualitative Health Research, Clinical Epidemiology and Evidence-based Health Care, Evaluation Theory and Practice, Health Management, Principles of Health Informatics, Health Knowledge Management, and E-learning and Clinical Education

## Bachelor of Health Sciences

2006 – 2008

School of Humanities, Massey University

- **Major:** Psychology
- **Courses:** Health Studies, Health of Communities, The Socio-political Context of Health Care, Written Communication, Rehabilitation Studies, Bicultural Perspectives in Psychology, Community Psychology, Pharmacology, Applied Sciences for Health Professionals, Self & Society, Psychology as a Social Science, Introduction to Food & Nutrition, and Toxic Substances, Human Health & the Environment

## Diocesan School for Girls

Epsom, Auckland, New Zealand

Years 7 - 12

- **Achieved - Year 11:** School Certificate
- **Achieved - Year 12:** Sixth Form Certificate

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## Current Position

### Research Fellow

Koi Tū: The Centre for Informed Futures,  
Faculty of Arts, The University of Auckland

1 March 2020 - present

- Kaupapa Māori health researcher
- Report writing – lead/co-authoring high profile publications
- Writing opinion pieces for publication on the Koi Tū website
- Funding and ethics application writing
- Youth mental health and deliberative decision-making projects – MBIE funded
- Partnership with iwi to disseminate research findings
- Community-based research – focus groups
- Collaboration with transdisciplinary research and expert teams
- Named investigator on Youth COVID-19 Survey research project

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## Research Project Experience

### Research skills

- Equally strong in aptitude for effective team work and efficient solo projects
- Undertaking comprehensive research into extant health-research knowledge particularly through systematic searching of databases & grey literature
- Collaborative projects with medical professionals, academics, and cultural experts
- Multi-disciplinary team work on project tasks with colleagues from diverse personal and professional backgrounds
- Flexibility and aptitude for multi-modal communication and collaboration with colleagues and consultants located at a distance nationally and internationally

- Writing research proposals for University of Auckland Human Participants Ethics Committee
- Applying kaupapa Maori framework to research projects
- Recruitment, co-ordination, & facilitation for interviews & focus groups and transcribing
- Planning and conducting survey-based research
- Community-based research with Māori and Pacific populations
- Data input into Excel and SAS software and production of descriptive statistics
- Qualitative analyses on focus group/interview data
- Literature reviews: Systematic searching of major academic and medical databases
- Collaborative writing and editing of reports, and articles for publications
- Use & management of RefWorks web-based electronic referencing system
- General administrative tasks within busy research centers

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## Employment History

**Graduate Teaching Assistant**, Undergraduate courses,  
Māori Studies, Te Wānanga o Waipapa - School of Indigenous Studies,  
Faculty of Arts, University of Auckland

Feb 2018 – Nov 2019

- Tutor for MĀORI 330 - Te Ao Hou: Contemporary Issues for Māori (semester 1)
- Tutor for MĀORI 130G - Te Ao Māori: The Māori World (1, 2, & summersemesters)
- Sole Teaching Assistant (330) for approximately 60 students (two tutorials weekly)
- Teaching Assistant (130) with up to 5 weekly tutorial classes (up to 40 students per class)
- Responsible for organising weekly tutorial content and delivery
- Marking & moderating of a variety of assessments (includes Turnitin web-based marking)
- Two weekly office hours to meet with students regarding course-related matters
- Posting class content on course Canvas site (online learning support platform)
- Email assistance for students
- Supervising class tests under exam conditions

**Teaching Technical Assistant**,  
General Practice Medicine, Drug & Alcohol Assessments,  
Community Health and General Practice,  
School of Population Health, School of Medicine,

Faculty of Medical and Health Sciences, University of Auckland

Mar 2018 – Nov 2019

- Operation of video equipment used to record Medicine or Drug & Alcohol Counselling students doing practice or assignment assessments with actors
- Assisting assessments by organising and instructing students
- Multi-tasking duties involving admin & teaching staff, actors and students
- Responsible for providing students and teaching staff with assessment data

**Graduate Teaching Assistant**, Undergraduate Health Sciences,  
Health Systems Department, School of Population Health,  
Faculty of Medical and Health Sciences, University of Auckland

July 2014 – Nov 2017

- Tutor for POPLHLTH 101 - Health Systems & POPLHLTH 102 - Health and Society
- Teaching Assistant for two tutorial classes of 20-30 students per course
- Marking essays and exams (includes Turnitin web-based marking)
- Email assistance for students & supervising mid-term tests

**Graduate Teaching Assistant**, Postgraduate Public Health (MPH),  
Epidemiology and Biostatistics Department, School of Population Health,  
Tamaki Campus, Faculty of Medical and Health Sciences,  
University of Auckland

Mar – Jun 2017

- Graduate Teaching Assistant for postgraduate Public Health core MPH course POPLHLTH 760
- Developing marking guide, standardising and calibrating marking, and moderating assignments with the course co-ordinator / lecturer
- Marking and providing extensive feedback for postgraduate assignments (essays ) in an electronic format using Turnitin on Canvas

**Graduate Teaching Assistant**, Undergraduate Health Psychology,  
Tamaki & Grafton Campuses, Psychology Department,  
School of Psychological Medicine, Faculty of Medical and Health Sciences,  
University of Auckland

July 2015 – Nov 2016

- Graduate Teaching Assistant for undergraduate Health Psychology for HLTHPSY 122
- Tutor for 2 – 3 tutorials per week (up to 30 students per class)
- Marking of assignments (includes Turnitin web-based marking) and exams
- Senior supervisor of mid-term tests & calibrated marking teams of three

**Research Associate**, Growing Up in New Zealand Project,  
Centre for Longitudinal Research, School of Population Health,  
Faculty of Medical and Health Sciences, University of Auckland

May 2014 – Nov 2015

- Produced the first Growing Up in New Zealand Māori cohort project report
- Development of a Māori reporting framework for use with the Growing Up in New Zealand Māori cohort data presentation and publications
- Attendance at weekly project meetings, data access training workshops, and seminars
- Preparation and presentation of Māori cohort data for staff meetings & seminars
- Project tasks including: construct definition , measurement justification, questionnaire content, and development and documentation of construct domains
- Collaboration with senior project staff, Principal Investigators of domains, and cultural consultants involved with the Growing Up in New Zealand project and its publications

**Research Assistant**, TrACY Study Clinical Trial, Grafton Campus, Psychology Department,  
School of Psychological Medicine,  
Faculty of Medical and Health Sciences, University of Auckland

Jan - Oct 2015

- Research duties for a clinical trial of a psychological medicine intervention for youths (7–14 yrs)
- Weekly phone-based administration of psychometric instruments to caregiver/parent & child
- Administration of baseline, monthly, post-treatment and follow up psychometric instruments
- Data entry into online client management software & reporting back to project managers monthly

**Research Assistant**, Health Systems Department,  
School of Population Health, Faculty of Medical and Health  
Sciences, University of Auckland

July 2013 – May 2014

- Conducted face-to-face surveys with patients at Accident and Medical clinics
- Recruitment & co-ordination of focus groups with medical professionals & patients
- Data collection using telephone-based surveys with patients – Excel data input
- Production of findings - collaborative report writing for Ministry of Health

**Research Assistant**, Centre for Tobacco Control Research,  
Department of Social and Community Health, School of Population Health,  
Faculty of Medical and Health Sciences, University of Auckland May 2013 – Nov 2013

- Researching with Māori and Pacific participants for surveys, focus groups & national projects
- Data input into Excel and SAS software: production of descriptive statistics
- Administration and co-ordination duties
- Development and production of training and promotional materials for research projects

**Research Assistant**, Health Systems  
School of Population Health,  
Faculty of Medical and Health Sciences, University of Auckland Nov 2012 – May 2013

- Literature review – systematic searches of academic database and electronic journals
- RefWorks Database – created web-based referencing database for collaborative writing
- Academic Publications – conducted literature reviews, journal-specific referencing, & editing
- Administrative support – for supervisor and colleagues

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## Research Networks

Faculty of Arts, The University of Auckland – Research Hub 2019 - present

Member - **Healthy People, Healthy Communities, Healthy Societies: Critical Approaches to Health and Well-Being**

Hub website - <https://criticalapproachestowellbeing.auckland.ac.nz/>

The University of Auckland - Research Hub 2020 - present

Member - **Pandemics: Past, Present and Future**

Hub website - <https://pandemicsresearch.blogs.auckland.ac.nz/>

Hub Facebook page - UoA Pandemics - <https://www.facebook.com/pandemicsuoa>

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## Continuing Professional Development

Science Media Centre 3-4 Dec 2020

- Media SAVVY two-day workshop for Māori researchers

Learning Support Services 1-2 Sept 2020

- Managing Research Data workshops

The University of Auckland

- Academic Article Writing one-day workshop 28 Aug 2020
- Stylish Academic Writing one-day workshop 11 Sept 2014

Te Wānanga o Waipapa Aug – Oct 2019

- Te Aka Rangi tikanga course

## NVivo Software

- nVivo 12 Training with academic consultant Aug 2019
- nVivo 10 Training Workshop: Part One : Data and Coding May 2015
- nVivo 10 Training Workshop: Part Two : Extending Analysis July 2015

## FutureLearn ~ University of Auckland

2014

- Introductory Statistics – using R and iNZight software and big data

## Smoking Cessation Training ~ NZ Heart Foundation

July 2013

- 2 day Quit Card Provider training course

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## Academic Peer Reviews

- New Zealand Medical Journal
- Journal of Pacific Rim Psychology

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## Conference Presentations

### 9<sup>th</sup> Biennial International Indigenous Research Conference

18-20 Nov 2020

Project – Kia Piki te Ora: Whanau Wellness (doctoral research)

Presenter – 10 minute PowerPoint video presentation

Discussant – 40 minute live panel discussion and Q&A session

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## Publications

- **Menzies, R.**, Gluckman, P., & Poulton, R. (September, 2020). *Youth mental health in Aotearoa New Zealand: Greater urgency required*. Auckland: Koi Tū: The Centre for Informed Futures. Available at: <https://informedfutures.org/youth-mental-health-in-aotearoa-nz/>
- Hunia, R., Salim, S., McNaughton, S., **Menzies, R.**, Gluckman, P., & Bardsley, A. (July, 2020). *Addressing rangatahi education: Challenges after COVID-19 - A partnership report by Ngāti Whātua Ōrākei and Koi Tū: The Centre for Informed Futures*. Auckland: Koi Tū: The Centre for Informed Futures. Available at: <https://informedfutures.org/wp-content/uploads/Addressing-rangatahi-education.pdf>
- Poulton, R., Gluckman, P., **Menzies, R.**, Bardsley, A., McIntosh, T., & Faleafa, M. (June, 2020). *Protecting and Promoting Mental Wellbeing: Beyond COVID-19*. Auckland: Koi Tū: The Centre for Informed Futures. Available at: <https://informedfutures.org/wp-content/uploads/Protecting-and-Promoting-Mental-Wellbeing.pdf>

- **Menzies, R.** (5 April 2020). The need for inclusive and deliberative decision-making in the COVID-19 pandemic. Koi Tū: The Centre for Informed Futures. Available at: <https://informedfutures.org/inclusive-and-deliberative-decision-making-in-the-covid-19-pandemic/>
- **Menzies, R.** (1 May 2020). A pandemic response framework for equitable and inclusive planning and decision-making. Koi Tū: The Centre for Informed Futures. Available at: <https://informedfutures.org/a-pandemic-response-framework-for-equitable-and-inclusive-planning-and-decision-making/>
- Tenbenschel, T., Edlin, R., Field, A., Wilkinson-Meyers, L., Walton, L., Appleton, S., Dowson, K., **Lee, R.**, Snapp, J. & Old, A. (2014). *Evaluation of After-Hours & St. John Transport Initiatives*. Wellington: University of Auckland & Ministry of Health. Available at: <https://cdn.auckland.ac.nz/assets/fmhs/reports/BSMC-HRC-12-940-FINAL-REPORT-16-May-2014.pdf>
- North, N., Leung, W. & **Lee, R.** (2014) Aged over 50 years and practicing: separation and changes in nursing practice among New Zealand's older Registered Nurses. *Journal of Advanced Nursing*, 70(12): 2779-90. Doi: 10.1111/jan.12426. Available at: <https://onlinelibrary.wiley.com/doi/abs/10.1111/jan.12426>
- North, N., Leung, W. & **Lee, R.** (2014) New graduate separations from New Zealand's nursing workforce in the first 5 years after registration: a retrospective cohort analysis of a national administrative data set 2005–2010. *Journal of Advanced Nursing*, 70(8), 1813–1824. Doi: 10.1111/jan.12339. Available at: <http://onlinelibrary.wiley.com/doi/10.1111/jan.12339/pdf>
- **Lee, R.** & North, N. (2013). Barriers to Māori Solo Mothers' Primary Healthcare Access. *Journal of Primary Health Care* 315-321. Available at: <https://pubmed.ncbi.nlm.nih.gov/24294620/>
- **Lee, R.** (2012). *Māori Solo Mothers' Healthcare Access: Experiences, Barriers and Complexities of Access*. Auckland: ResearchSpace@Auckland, The University of Auckland. Available at: <https://researchspace.auckland.ac.nz/handle/2292/14697>

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## Referees

### Professor Tracey McIntosh (Tūhoe) – PhD Principal Supervisor

Co-Head - Te Wānanga o Waipapa (School of indigenous Studies)  
 Head - Māori Studies  
 16 Wynyard St - Waipapa Marae - City Campus  
 Faculty of Arts, The University of Auckland  
 Private Bag 92019, Auckland 1142  
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### Professor Ngaire Kerse MD – PhD Co-Supervisor

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